

FEBRUARY 2009

February is all about events. This issue of The Spread we happily dedicate to helping you warm up your winter with the wonderful smorgasbord of events running throughout February for the Savour Food & Wine Festival. You'll see some of the festival's signature events highlighted below, but also be sure to visit savourfoodandwine.com regularly as events continue to be added every day.

And of course, you can always check out **videos**, access hundreds of fabulous **recipes** and browse through Nova Scotia **restaurant listings**, all at eDining.ca!

DINEOUT

DISCOVER THE FLAVOURS OF NOVA SCOTIA

As part of the **Savour Food & Wine Festival**, foodies all across Nova Scotia have an exclusive opportunity to sample some of the province's best restaurants. From **February 16 to March 1** the restaurants below—and others—will be offering delicious three-course, prix-fixe menus. So visit savourfoodandwine.com and click on **Dine Out Nova Scotia!**

- 44 North
- Argyle Bar & Grill
- The Armview
- Bish
- Blomidon Inn
- Brussels Restaurant & Brasserie
- Chives Canadian Bistro
- Crown Bistrot
- Da Maurizio
- Durty Nelly's Authentic Irish Pub
- Fid
- Five Fishermen
- Hamachi House
- Hamachi Grill & Sushi House
- Hamachi Kita
- Hamachi Steakhouse Bar & Grill
- Il Mercato Ristorante
- The Kilted Grillhouse
- Little Fish Restaurant & Oyster Bar
- Lower Deck Beer Market
- Mosaic Social Dining
- ONYX Dining Room & Cocktail Lounge
- OPA Greek Taverna
- The Press Gang
- Rogi Orazio
- Ryan Duffy's Steak & Seafood
- Saeye Bistro
- Seasons Bistro & Wine Bar
- Seven
- Stone Street Café
- Stories at The Halliburton
- Trendz Café & Wine Bar

Rare & Fine Wines

Calling all grape-lovers and would-be sommeliers! Bring your honed palates to the Marriott Harbourfront Hotel on February 19th for an exclusive opportunity to sample more than 25 rare and vintage wines from Bordeaux, Germany, Italy, Chile, Australia and California. Featuring a 96-point-rated Port, a 93-point-rated Pinot Noir, a 91-point-rated Italian Barolo, a spectacular vintage Rosé Champagne and much, much more!

Complemented by live jazz and sumptuous food pairings from Marriott Executive Chef Trevor Simms, this will be the first and only time these fine wines will be available in Nova Scotia.

Bishop's Cellar will be onsite with limited quantities of all wines available to purchase for your collection. Don't miss this exclusive opportunity!

Buy tickets now »

FIRST ANNUAL
Rare & Fine Wine Tasting

Click to **BUY TICKETS NOW**
or call 490-CORK

Tickets \$110 + HST
or
exclusive OVERNIGHT PACKAGES \$289
incl. 1 night luxury accommodation + 2 event tickets
Call MARRIOTT toll-free 1-800-943-6760
rare & fine wine package

Savour Food & Wine Show

Atlantic Canada's premier annual food and wine event — and the largest show of its kind east of Montreal — just keeps getting bigger and better. Hosted at the Marriott Harbourfront Hotel on February 26th, Savour is the year's most mingle-licious event!

Luxurious wines, flavourful food and luscious desserts... discover Nova Scotia's innovative culinary terrain as you stroll down the famous streets of Savour, sipping and tasting your way through this mouth-watering evening of decadence! More than 50 exhibitors include some of the province's finest restaurants, wineries and microbreweries. **Buy tickets now »**

Savour
food & wine
show

February 26th, 2009
Marriott Harbourfront

Click to **BUY TICKETS NOW** or call 429-5343

Tickets ON SALE NOW \$79 + HST

THE NOVA SCOTIA
WINTER ICEWINE
FESTIVAL
FEBRUARY 12 - 22, 2009

11(eat)ing Halifax!

Savour festival fills February with delicious events

It's time to get up close and personal with Nova Scotia's finest executive chefs, sommeliers and restaurateurs! It's too bad that February is our shortest month, because with fantastic Savour Festival events on each and every day, your only challenge will be how to fit them all in!

Wine seminars, tasting sessions, product discounts, special prix-fixe menus, Chef's Table events, cooking demonstrations, vineyard tours, weekend getaways... the choice is yours. The calendar below gives only a small taste of what's happening this month. Visit savourfoodandwine.com for the full meal deal: a complete list including event details, pricing and contact information. **Read more »**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 	2 	3 	4 	5 World of Wine Series: Organic French wines at Bishop's Cellar ICEHOT Icewine Festival launch at Bear Restaurant	6 Enjoy a maple-inspired 4-course meal at Chef's Night at Sugar Moon Farm in Earlestown	7 Spend an Evening in Bordeaux at Bish World Cuisine Play Chef For A Day with Renee Lavallee at the Five Fishermen
8 Lobster Festival Weekend at White Point Beach Resort, Feb. 6-8	9 	10 	11 	12 A Midwinter Night's Dream at Chives Canadian Bistro	13 Blomidon Estates' Winery Tours Feb 13-15, 20-22	14 Valentine's Getaway at White Point Beach Resort
15 Stars on Ice at L'Acadie Vineyards: sparkling & dessert wines with fondue, Feb 14-15, 21-22	16 Warm up with the crackling fire and tasting plates at Gaspereau Vineyards' Ice Bar, Feb. 12-22	17 Nova Scotia Icewine Festival, Feb. 12-22 winesns.ca	18 Dine Out Nova Scotia Three-course, prix-fixe menus available province-wide! Feb. 16 to Mar. 1	19 1st Annual Rare & Fine Wine Tasting, Marriott Harbourfront Hotel	20 Winemaker's Dinner at Blomidon Inn	21 Just Vineyards' Icewine Festival Feb. 13-21 Taste of the Tropics with Chef Michael Howell, Acadia
22 Borealis Icewine by Benjamin Bridge, at Harvest Gallery, Wolfville	23 Winter Dessert Wine Festival at Sainte-Famille, Falmouth	24 Dine Out Nova Scotia Feb. 16 to Mar. 1	25 Join Bishop's Cellar at its World of Wine tasting session, featuring Water and Worries: Agriculture in Australia	26 Fire & Ice Gala, Kentville	27 Dine Out Nova Scotia Feb. 16 to Mar. 1	28 Dine Out Nova Scotia Feb. 16 to Mar. 1

This calendar represents just a small sample of fabulous events; visit eDining.ca and click on the Savour logo for more events and details.

11(eat)ing Halifax!

During the winter's coldest days, participating restaurants in HRM will offer a special "HOT BOWL" on their menu February 22-28. From soup to chilli, bisque to chowder, lunch to dinner, we encourage you to try your favourite restaurant's hot bowl. You'll be supporting the Alzheimer's Society of Nova Scotia with every purchase, and that will warm your heart as much as your belly. **Read more »**

The Spread is presented by eDining.ca, © 2009 RANS.
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